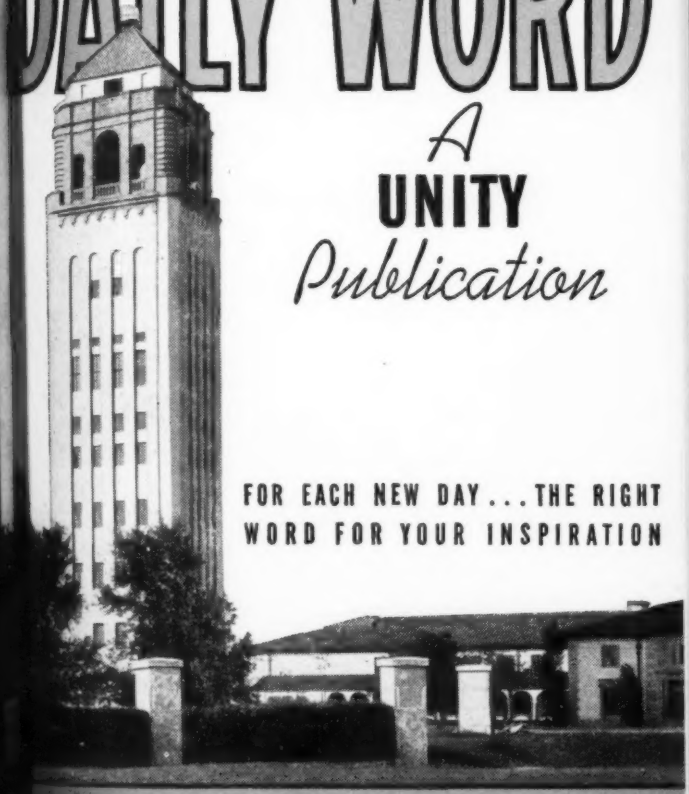
OCTOBER 1940 15 CENTS

DAILY WORD

A
UNITY
Publication



FOR EACH NEW DAY . . . THE RIGHT WORD FOR YOUR INSPIRATION

Society of Silent Unity

AFFIRMATIONS

September 20 to October 19

Daily at 11 a. m. join us in this thought for spiritual illumination:

Spirit-mind quickens me, and I understand the Truth.

•

At high noon each day concentrate your attention on this thought for prosperity:

New and rich ideas arise in my mind, and I demonstrate prosperity.

•

At 9 p. m. each night let us acknowledge the healing power of Spirit with this prayer:

God's pure life and substance are constantly renewing and rebuilding His holy temple, my body.

DAILY WORD is nonsectarian, published monthly by the Unity School of Christianity. Single copies may be obtained at Unity libraries and newsstands at 15 cents. Subscription, $1 a year. Braille subscriptions are sent free to the blind who are familiar with Grade 1½. These gifts are made possible by love offerings.

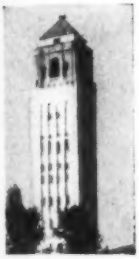
We also publish *Good Business, Progress, Wee Wisdom, Unity, Weekly Unity,* and *Unity Sunday School Leaflet* at $1 a year each.

Subscriptions, renewals, requests for Prosperity Banks, changes of address, book orders, or checks and money orders for publications should be sent to the Publishing Department.

Entered as second-class matter June 13, 1924, at the post office at Kansas City, Missouri, under the act of March 3, 1879. Accepted for mailing at the special rate of postage provided for in section 1103; act of October 3, 1917, authorized June 13, 1924.

When asking us to change your address, please be sure to state which of our magazines you are receiving, and whether you are now using a Prosperity Bank.

Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Requests addressed to Silent Unity, 917 Tracy Ave., Kansas City, Mo., will receive immediate attention. Compensation is by love offering.



DAILY WORD

Vol. 33 **OCTOBER, 1940** **No. 4**

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Stately and tall, as pictured on the cover of DAILY WORD, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

TO MY FELLOW MAN

Elizabeth D. Schumann

Dear friend, let me remember that thou art
God's child, infolded in His loving heart,
And that for me there is no higher place.
We share alike in His forgiving grace;
And better far that I should justly be
Cast to the waves of some relentless sea
Than that I should harm thee by thought or
word,
Or careless deed, or love blindly deferred.

But let my heart, like God's, be opened wide
With room for every fellow man inside.
Let His compassion ever from me flow
That thou through me His tender love may
know.
And let us walk together, O my friend,
With Him in fellowship that knows no end.

NEW MAILING DATE! *In response to many requests* Daily Word *hereafter will be mailed on the 18th of each month. The November issue will be mailed October 18.*

How Beautiful upon the Mountains

MARGARET STRAHLE

HIGH UP in the Andes Mountains in South America is a famous and beautiful statue of Jesus Christ. The figure of Christ stands forth serene, triumphant, transcendent as if overlooking and protecting the lands below. This statue was erected as a memorial to peace between two nations that had previously been at war. For many years it has blessed their peoples with remembrance of the peace advocated by Jesus Christ and helped them to preserve peace. Lovely indeed is this tribute to the Prince of Peace, and it reminds many of us of the words of Isaiah "How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace."

No doubt in some moment of high inspiration, as you have communed with the indwelling Christ in prayer, there has come to you the feeling and the assurance that Christ can establish and maintain peace in the world. Upon the mount of prayer the high vision is given us that practicing the principles taught by Christ can establish peace. Yet if peace is to come into manifestation the principles that sustain it must find expression through men. The inspiration given us on the mount of high spiritual exaltation must be carried forth into practical application in our daily life. Christ's principles of peace, love, and good will must become so dominant in our heart and mind that our life conforms to the ways of peace and we radiate peace to others.

We who are consecrated to following the Prince of Peace are the light of the world. Because we know the way of peace it is our task to establish peace in the world. It is the appointed trust of each of us to take positive and definite steps toward the establishment of a lasting peace. To us is now given a mission in which we must not fail.

Of course you are willing to help. Deep in your heart there is the yearning and the intense desire to help promote peace and to hasten its coming. But you may have wondered, "What can I do?" To you we say in all earnestness, "There is much that you

can do." To you has been given the mighty power of prayer. Do not think that prayer is in any way weak or ineffectual in meeting the present crisis. Prayer is strong, forceful, far-reaching, and infinite in power. Prayer is not limited by time or space. As far as your thought can reach so far does the power of your prayer go forth instantly. Greater than any material power is the spiritual power of prayer.

Yet prayer will not be fully effective unless it is practiced daily, consistently, and faithfully. They who have placed their faith in material force have diligently and perseveringly worked in conformity with it. The destruction and havoc that are apparent testify to the power of thought, feeling, and effort directed toward a definite objective. Should we who are the children of light be less faithful and less diligent in using the higher power that is given us? Can we indeed be worthy of the name of Christian—Christ's name—if we neglect to use the spiritual power intrusted to us?

Many people throughout the world are earnestly praying for peace. As you read these words you are praying for peace, for your sincere desire is in itself a prayer. Yet it is imperative that even more faith, even more feeling be diligently exercised in prayer. It is necessary too that more people consecrate themselves to praying for peace. The concerted

faith of Christian people throughout the world centered upon the objective of peace will be as a great, invincible army proving the victory of Christ.

A definite period of time each day should be set aside and devoted to prayers for peace. As you pray do not lend the force of your thought and feeling to lamenting the adversity that has occurred. Do not supplicate God to take sides or plead that a certain cause be victorious. Such pleading asks for a partial and not a complete peace, a temporary and not a lasting good. Rather consecrate your whole being, mind, heart, and soul, to knowing that Christ rules and reigns supreme in the hearts of all men. Give the substance of your thought and feeling to affirming and realizing the supremacy of Christ's power and presence in all men. Such prayer is mighty to awaken people everywhere to consciousness of the Christ presence. It is as men become spiritually quickened to the realization of Christ and His principles that lasting peace will be established.

Bless those who are engaged in fighting with the thought that Christ's presence is with them, guiding and protecting them. It has been truly said that all men pray in a time of crisis or great need. You may know then how receptive and responsive those engaged in the conflict will be to your thought of divine protection.

While you must not neglect the observance of the daily period of prayer, more yet is required of you. If you are to render the greatest possible service, you must carry over the inspiration, the power, and the guidance given you in prayer into the practical affairs of your daily life. This is to "pray without ceasing," to make the outer expression of your life conform to the inspiration given it from within, to carry the vision seen on high into the valley of daily life and experience.

In the period you set apart for prayer you have been spiritually quickened to the feeling of peace. Abide therefore in that peace. Let peace and harmony prevail always in your human associations. Resolve that whatever happens in your individual life, you will be a radiating center of love and harmony, mighty to send forth into the world your benediction of peace.

"Blessed are the peacemakers: for they shall be called sons of God." Blessed indeed are they who are spreading the contagion of peace by harmonious thought and action. The extent of their power for good is limitless. In the last analysis a mass conflict is the multiplication of numerous individual conflicts. By the same token peace throughout the earth can be promoted through many individual expressions of love.

Do not let hatred or condemnation of any per-

son or nation fill your mind, however much to human sense it may seem justified. This would be to work at cross-purposes with the plan of establishing peace by the way of love. To the extent that any individual or nation causes you to swerve from your purpose of knowing the Truth it has defeated you for the time being.

In prayer you have decreed Jesus Christ to be the supreme power. Know this through every moment of your day. Remember it if reports of danger and disaster reach you. Know always that the power of Christ is greater than any appearance of negation and that He is victorious. Know the supremacy of Christ when others speak words of fear and discouragement. Do not yield to any negation they may voice. Let your words be positive, constructive, fit messengers of courage and strength. When you feel so led encourage others to pray for peace.

"How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace." You have touched the Christ on the mount of spiritual exaltation. You have partaken of His blessing, received His instruction, been quickened by the voice of His inspiration. Go forth in His name to do His bidding. The Prince of Peace must accomplish His reign through the consecration of His followers.

Meditation

FAYETTE M. DRAKE

My heavenly Father watches over me. His love is above and about me, guiding, guarding, and protecting me, and there is nothing that can harm me or make me afraid.

My life is from Him, and it cannot fail of its purpose. I cannot do other than that which is well pleasing in His sight; therefore that which I give out will come back to me in full measure.

My all is included in the allness of God, and in it I am complete, perfect, and whole. I cannot be increased, because all things whatsoever the Father hath are already mine. I cannot be diminished, for there is no power that can decrease Him or diminish His allness. I cannot be measured, because I am one with Him, and there is no standard of measurement by which He can be compassed.

Whatever I do I will do with a free hand and a cheerful heart, for "God loveth a cheerful giver."

Jesus Christ is my ever-present inexhaustible resource. No matter to what extent I may draw upon it in righteous use, the supply of His love will be renewed, restored, and made more abundant.

With Him I stand forth limitless, boundless, all-encompassing, full, and free. Henceforth and forever I shall be in expression what I have ever been in the potentialities of Being: one with Him, whom to know is to know life and peace everlasting.

His Image

MARTHA SMOCK

HAVE you ever thought how dominant is the pronoun I? Even the most self-effacing person cannot help but do most of his thinking in terms of I. From the early age when we become conscious of ourselves as individuals each of us lives in a small world of his own, revolving around the pronoun I.

Since this is true, surely it is important that we have a right conception of the I in us, for it is from this focal point that our world takes shape and form. I think, I speak, I act, and my mind, my body, and my affairs follow the pattern set for them.

When Jesus Christ spoke from the consciousness of His oneness with the Father He used the pronoun I in its highest sense. The real I in each of us is revealed as we, like Jesus Christ, realize our unity with God. "And the glory which thou hast given me I have given unto them; that they may be one, even as we *are* one; I in them, and thou in me, that they may be perfected into one; that the world may know that thou didst send me, and lovedst them, even as thou lovedst me."

All of us have at times pierced the veil of dark-

ness and ignorance and fear that clouds our human vision and discerned the truth that we are indeed spiritual beings, that what is eternally existent in us did not begin with this physical life, nor does it end if physical life ceases. Have you not felt the uplift and inspiration that comes with the realization that there is that in you which has always been, which can never be defeated, never die? This is the greatest realization that we can have: that we are sons of God, created in His image and after His likeness. It was this realization that gave Jesus Christ power and authority. He knew that He was the Son of God, and because of this He knew that there was nothing in the world impossible to Him.

How differently most of us would react to our daily experiences and problems if we always met them as would a son of God. We should not be hampered by fear, doubt, indecision. We should feel the power of God working through us and we should see the power of God working through all persons and all situations. It is not really hard to act like a son of God. We do not have to stop and think how to act; we need only follow unhesitatingly the prompting of the God self in us. Our good, our happiness, can be as small or as great as our vision permits.

We cannot say with Christ, "I and the Father

are one," and remain fearful, or timid, or self-conscious. We cannot say with Him, "He that hath seen me hath seen the Father," and act foolishly or unwisely or ungracefully. We cannot say, "I can of myself do nothing . . . I seek not mine own will, but the will of him that sent me," and remain vain or egotistical or self-centered.

Like Jesus Christ we should be God-centered. When we think in terms of our real I our thoughts should never be limited, negative, fearful, selfish. They will not be if we think of ourselves as sons of God. Our world will not be narrowed to personal, selfish limits but will broaden and widen and deepen. Day by day we can act more and more like sons of God and less and less like the weak, fearful, inhibited human beings we have thought ourselves to be.

Some persons in Truth object to using "I" in affirmations. In all sincerity and humility they hesitate to proclaim perfection in the personal man. But with an understanding of "I" as God's name for us we see how very wise we are to proclaim over and over the perfection of His image in us. By doing this we become centered in God and in the Spirit of truth. The more God-centered we become the more are we able to help other people, the more light we radiate. No man can become aware of himself as a son of God without at the

same time becoming aware of his brotherhood with all men. We are one mind, one heart, one Spirit. It is through realizing our unity with God and our unity with all men that we live together in peace and good will and enjoy the blessings of health and happiness and plenty. "The Spirit himself beareth witness with our spirit, that we are children of God: and if children, then heirs; heirs of God, and joint-heirs with Christ."

I Am Stronger than My Fears

I am stronger than my fears,
I am wiser than my years,
I am gladder than my tears,
For I am His image.

I am better than my deeds,
I am holier than my creeds,
I am wealthier than my needs,
For I am His image.

He whose image thus I bear,
And whose likeness I shall share,
All His glory will declare,
Through the "I"—His image.

—*Hannah More Kohaus.*

TODAY I JOYFULLY EXPECT THE GOOD.

THERE IS magical power in joyful expectancy. If you expect good things to happen to you you are bound to be cheerful, enthusiastic, and alive. This is the attitude that makes you an irresistible magnet for good.

No matter what kind of a day yesterday was, today is a new day, a new beginning, and you are a new creature. You do not need a change of environment, a change of work, or any other outer change in order to enjoy life as never before. You need only have in your heart an expectation of good and a spirit of thankfulness for the day before you.

You will find that as you meet with courage and high faith every experience that the day brings, you will feel a deep soul satisfaction. You will discover good in people of whom you have heretofore been critical. You will become aware of new abilities and qualities within yourself that will lead you on to success. Expecting the good you will meet the good.

♣ *The good man out of the good treasure of his heart bringeth forth that which is good.*—LUKE 6:45.

MY FAITH IS INCREASED AS I PERCEIVE THE PRESENCE OF GOD IN ALL THINGS.

FAITH IS the telescope of the soul that looks beyond limitations and perceives the presence of God as a healing, saving, need-satisfying power. Nothing limits God, the omnipotent; and as our hearts agree to this truth we see before us the open road to our good. Our faith is increased as we magnify the power of God and minimize every obstacle. We need no longer accept illness or hardship as our lot, for God has assured us: "The kingdom [is] prepared for you from the foundation of the world." The door to that kingdom is our own ability to believe that God will give us His good.

Faith is the inward knowing that God governs the seen and the unseen. To believe consistently in God's power is to believe that good is almighty, and that anything that seems to withhold good is powerless and without foundation. Such a faith as this is without fear, and rejoices that good is being made manifest despite appearances.

♣ *If ye have faith as a grain of mustard seed . . . nothing shall be impossible unto you.*—MATT. 17:20.

I AM SAFE FROM ALL HARM, BECAUSE I FEEL THE PROTECTING PRESENCE OF GOD WITHIN AND ABOUT ME.

WE CANNOT experience harm when we live in the awareness of God's protecting presence within and around us. No danger can exist in the presence of God, therefore in His presence we are ever safe and secure. We are constantly infolded in and surrounded by His presence, and we abide in peace.

We are to "put on the whole armor of God"; then we shall realize that we are able to stand against anything that is unlike Him. To us who know Truth there is only God, only His presence that ever protects us. There is only His presence of security; we can go through any seeming adversity unharmed when we become so aware of His love and power within us that we feel His presence with us every moment. His protecting love excludes that which is evil, for evil has no power to exist in our life when we know that in Truth only God, the good, is real and that His presence abides with us.

♣ *Under his wings shalt thou take refuge.*—PSALMS 91:4.

THE LORD IS MY SHEPHERD; I CANNOT WANT FOR ANY GOOD THING.

JESUS OFTEN used the shepherd and his love and tenderness in caring for his sheep to illustrate the loving care of the Father for His children. The shepherd's whole life was given to the care of his sheep. He found young tender grass for the lambs, he led the flock into sheltered places when the winds were cold, he found a quiet stream where they might quench their thirst when the sun was hot.

So does the Father provide for us, His sheep, when we put ourselves in His care and trust Him. If your heart needs comfort He will give it to you. If your mind needs the blessing of His peace it is yours now. If your body needs healing He is restoring and rebuilding it even at this moment. If your supply needs replenishment your Father, the Good Shepherd, is leading you to green pastures, where plenty abounds. He is protecting and guarding you from harm. The Lord—the law of good—is your shepherd. You cannot want for any good thing.

♣ *Surely goodness and lovingkindness shall follow me all the days of my life.*—PSALMS 23:6.

THROUGH MY ONENESS WITH CHRIST I AM FREED FROM ALL DOUBT AND WORRY.

WHEN WE are aware of the Christ presence and power within us there can be no room in the mind and heart for doubt and worry. Therefore we need to acknowledge at all times our oneness with His presence. It is only when our thoughts have drifted into the belief that God is far from us and apart from us that we become doubtful, that we begin to worry about the outworking of our affairs.

In an effort to handle our problems we become so absorbed in what we believe to be the right solution that we forget for a time that there is a divine power planning our way and bringing about the right adjustment in all that concerns us. Too often when we are faced with some difficult experience we fail to acknowledge the Christ presence and power within us, and the resulting doubt and worry fill the mind with confusion that hinders the working of Spirit. When we release our problems to Christ we receive the calm assurance that He is controlling our affairs.

♣ *Neither be ye of doubtful mind.*—LUKE 12:29.

SILENTLY NOW I WAIT FOR THEE.

IN SILENCE is power, depth, beauty, and strength. Golden silence is yours now. In silence you abide under the shadow of the Almighty and rise on the wings of His Spirit. In silence you feel God's loving presence, and touch the hem of Christ's robe. You can never be alone, for silently God dwells with you. Silently your prayer goes forth to bless a dear one. Silently you meditate upon the joy the day has revealed.

It is in the silence that God strengthens your faith and fills you with courage. Lift your mind and heart to God, and as you give thanks for the time of silent meditation you will feel His presence near, a constant guide, protection, and support. In the silence are born new aspirations, new inspiration, and renewed faith. In the silence you walk with the Lord of your soul and commune with your indwelling Christ. Silently you rest in His sustaining love, and draw upon the mighty, unlimited power of His strength. Peace, be still; very still. You are in the presence of the Almighty. In glorious wonderment you tread on holy ground.

♣ *Be silent, all flesh, before Jehovah.*—ZECH. 2:13.

EVERY STEP OF MY LIFE IS GUIDED BY THE SPIRIT OF WISDOM WITHIN ME.

GOD HAS given us the privilege of turning to Him for guidance and help whenever we desire it. His wisdom is never withheld from anyone who seeks it sincerely and earnestly. If there is an important decision we must make today, or if we are faced with some perplexing problem, or if we simply want to live today so as to fill it to overflowing with happiness, we can turn to the spirit of wisdom within us. Whatever the reason, the right answer is available.

Not only does God endow us with life and provide us with all the faculties for living; He also presents us with a book of instructions to carry with us always! This "book" is the mind of Christ within us, from which we can obtain the right answer in every situation of our life. Let us direct our attention inward to the Spirit of wisdom, asking silently for today's instructions and commands. Then with love and sincerity in our heart let us carry them through to fulfillment.

♠ *The wise in heart will receive commandments.*—PROV. 10:8.

MY FAITH IS ESTABLISHED IN CHRIST, AND HIS PEACE FLOODS ALL MY WORLD.

WHERE ARE you looking for peace? Do you look to the east? Do you look to the west? Or do you simply look to the government of your nation to establish it by legislation? It is not to be found in this way.

As long as your faith is in the power of government or politics to bring peace or a sense of security you look in vain for either. Rather establish your faith in Jesus Christ upon whose shoulders it was promised that the government should rest, and whose name was to be called "Wonderful . . . Prince of Peace."

In the Christ within you, your own indwelling Lord, is your perfect and abiding peace. Radiating from the center of your being, His peace floods your life and flows out through your affairs as a harmonizing benediction to all whom you contact in even the most casual manner. It moves with quiet sureness to bring about peace in all the world and "to establish . . . justice . . . from henceforth even for ever."

♣ *Behold, I will extend peace . . . like a river.*—ISA. 66:12.

GOD'S HEALING LIFE WELLS UP FROM WITHIN, AND MY BODY TEMPLE MANIFESTS WHOLENESS IN EVERY PART.

DEEP WITHIN our body temple is a fountain of eternal life. We have but to turn within to this fountain to release its waters in a mighty cleansing stream that flows ceaselessly through our being, refreshing and renewing every part.

If you would know the blessing of this current of invigorating, restoring life, let go of all selfish, anxious, worried thoughts and fill your mind daily with healthy, living, vital, loving thoughts. Be happy and joyous of heart. Turn to God and let Him have charge of your mind and your body. Like a cleansing stream His love will clear your mind of sluggish, darkened thinking, and your body will express vibrant health.

From the fountain of living waters, the life of Spirit within you, new life and vitality, new strength and harmony flow through your whole being, and you are purified and restored. Rejoice and give thanks for your newness in the Lord.

♠ *For with thee is the fountain of life.*—PSALMS 36:9.

I EXERCISE GOOD JUDGMENT BECAUSE I TURN WITHIN, TO THE FATHER, FOR LIGHT AND UNDERSTANDING.

IN OUR daily experiences many circumstances and problems arise that make it necessary for us to decide between the right and the wrong course to follow in order to realize our highest good. We can always be sure of choosing the right course when we become quiet within and ask the Father for light and understanding. It is in the stillness and quietness of His presence that the right course of action is revealed and the way made clear.

Whatever the circumstances or the challenges of life may be, whatever problems may present themselves to us, we can be sure of using good judgment and of making the right decisions when we have first called upon the divine source of all light and understanding. When we call upon the source of light and understanding within us we need not fear that we shall be mistaken in our judgment, for we are endowed with the wisdom to discriminate the wise from the foolish, the good from the false.

♣ *Jehovah will guide thee continually.*—ISA. 58:11.

GOD, MY FATHER, BLESSES ME WITH EVERY GOOD THING, AND I AM FILLED WITH JOY.

"HAPPY IS the heart that sings!" Truly has the poet spoken, and thrice blessed is the happy heart that rejoices in thankfulness to the loving Father of all. Our Father is the source of our every good. He rejoices in us, for we are His beloved children who love Him. Through His love He blesses us continually. When we rejoice in this realization, our joy is indeed made full. Because we know that God is blessing us now, each moment, we are lighthearted, happy, and free from care.

God's plenitude of gifts is eternally at our command. The very Spirit of joy pervades our life when we graciously and freely lay hold of His gifts and use them to His glory.

Of what do I have need today? Whether it be love, understanding, health, prosperity, justice, harmony, wisdom, or any other of God's infinite gifts, it is mine for the taking, and I rejoice in the knowledge that I am a child of the eternal King!

♣ *I will be glad and rejoice in thee.*—PSALMS 9:2 (A.V.).

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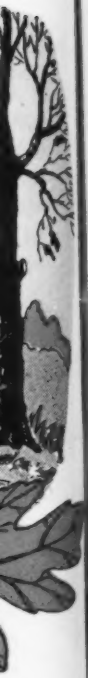

Glad Sanctuary

Bertha M. Russell

I walked in autumn woods today and found
  My path was strewn with scarlet and with gold.
Each tree had cast its robe upon the ground,
  As men have done to honor kings of old.
I heard no herald's voice: a blue jay screamed;
  A crow's flight left a branch to bend and nod;
An acorn fell as on I walked and dreamed,
  Unmindful of the presence of my God.
Then I awoke! It was in holy ways
  My feet had wandered: God was everywhere;
His life in seedlings dropped in ancient days
  Had brought forth giant trees that now stood there.

I sought no altar made of gold, or wood,
  Or polished stone adorned with tapers tall.
In that cathedral omnipresent good
  Shone from the sky-blue arch and forest wall.
I stood in silence lest a word that I
  Should utter might disturb that blessed peace.
Within the secret place of the Most High
  I knew I stood, and there I found release.
I felt God closer than my finger tips,
  His breath of life was breathed in me again;
His praise flowed from my heart and to my lips
  As in that sylvan nave I cried, "Amen!"

I LET MY LIGHT, THE LIGHT OF CHRIST, SHINE BEFORE MEN.

THE LIGHT of Christ is a radiant light, so bright that it will transfigure the world about us. But to gain the benefit of this light we must *let* it shine; we must remove all obstructions in its path and make clear its way.

We see evidence of the light of Christ shining when in another we witness an act of unselfishness, the self-control of a peaceable spirit, the influence of understanding love. Where kindness is, there too is the light of Christ. Where peace and generosity abide, there too is Christ, lending the strength of His spirit to the effort and glorifying God in the result.

Power from on high, power sufficient to meet every demand, and inspiration to nerve every endeavor are ours in lavish plenty when we freely let our light shine in those deeds of goodness which bring joy and helpfulness to others. The light that we shed to bless another's pathway illumines our own and fills our life with such joy that we wonder how it is that God can be so good.

♣ *Let your light shine before men.*—MATT. 5:16.

CHRIST—THE TRUTH, THE WAY, THE LIFE—LIVES AT THE HEART OF MY BEING, AND I EXPRESS HIM THAT I MAY HAVE A FULL AND PERFECT LIFE.

DOES CHRIST mean something foreign to you? Do you apply the term solely to Jesus? Does the word seem too holy to apply to yourself? Jesus, entering the Christ consciousness, became the Christ. Every man can do the same. Each person can rise to such a consciousness of his Christhood that he too becomes like Jesus the Christ.

Christ lives within us. Christ is the spark of the divine that is inherent in every human breast. Christ is our life. He is the wisdom that directs our life and causes us to live a life filled to overflowing with spiritual gifts. Christ abides at the very center of our being. As we turn to Him we become more like Him. The so-called external man becomes like the inner man, Christ.

Let Christ, your divine self, be all in all to you and you will discover that there is nothing but Christ in your world, nothing but love and life and truth.

♣ *Christ be formed in you.*—GAL. 4:19.

I STAND READY AND WILLING TO DO YOUR BIDDING, DEAR FATHER, IN THOUGHT, WORD, AND DEED THIS DAY.

SAMUEL, when he was called of God, answered, "Here am I." If you are seeking your right place in the world, if you desire a place of service, or hope for greater opportunity where you are, you too may speak some such words.

You may say: "Here, Lord, am I. Here are my hands, my feet, my heart, my mind, ready and willing to do Your will and Your work today. Take me and use me in Your service now." Then look about you for a place to serve, and accept it no matter how small or unimportant it may seem to be. Know that it is God's work; do it beautifully, willingly, lovingly for Him.

As you do your best right where you are you will receive wonderful new ideas, you will see new doors leading to greater service opening to you. You will be led to your right place, where you may find complete happiness in doing God's perfect work, and you will receive God's perfect remuneration for your services.

Son, go work today in the vineyard.—MATT. 21:28.

I GIVE UP EVERY BELIEF IN AGE AND RISE TO THE CONSCIOUSNESS OF ETERNAL YOUTH. CHRIST WITHIN ME IS EVER RENEWING, EVER REGENERATING ME.

IN TRUTH there is no age. There is only the timeless time of Spirit. Man is a spiritual being unaffected by the belief in age or time. Man is one with God, the ever-renewing principle of life. In Truth there are no years, no birthdays, no changes. Man is ever young, ever expressing the youthful Spirit of God implanted within him at the beginning.

You are the expression of one who is eternal, untouched by man's belief in time. You are the child of God, the child of health and eternal life. You are above any belief that would bind you to years. Your youth is eternal.

Your mind is constantly being refreshed by new and youthful ideas. Your thought is stimulated by the ever-renewing ideas of an ever-renewing Mind. Your body manifests the youthful ideas of Spirit and consequently is eternally made young.

♣ *Let no man despise thy youth; but be thou an ensample to them that believe, in word, in manner of life, in love, in faith, in purity.*—I TIM. 4:12.

MY VISION IS CLEARED AND STRENGTHENED BECAUSE I BEHOLD THE GOODNESS OF GOD EVERYWHERE

TODAY I erase from my mind every negative and limiting thought that I have previously had about my eyes, and I think of them as perfect avenues through which the Spirit of God looks out upon the world and approves of the good within it.

When I see through the eyes of Spirit my vision is freed from all physical strain, and I see without effort. God has given me the power to see clearly. Daily I bless my eyes, knowing that through them I am to behold only the good and that they express perfect vision. As I become conscious of perfect vision I also become more conscious of the blessings that God is constantly pouring out upon me. I give thanks that my eyes are bright, clear, and perfect and that I am willing to let God use them for a holy purpose.

I dedicate my eyes this day to clear vision, and I see all things clearly and distinctly. I now realize that it is the Spirit of God within that sees through me.

♣ *Whereas I was blind, now I see.*—JOHN 9:25.

UNIFIED IN SPIRIT, SOUL, AND BODY, I RECOGNIZE MY DIVINE PERFECTION.

SINCE WE know that we are spiritual beings we can readily recognize the oneness of our Spirit, soul, and body. As long as we think of ourselves as a body having a soul or as a soul having a body, there is a feeling of apartness within us. But when we realize that we are a unity, it is easy to know that the Spirit in the cells of our body, in the thoughts of our mind, in the feelings of our heart is the Spirit that brought us into expression.

As a result of this realization health is manifested, for a spiritual body cannot be sick. Peace of mind is had, for a spiritual mind is never perturbed. Forgiving love is felt, for in Spirit there is no condemnation. Supply is recognized, for Spirit substance is omnipresent. We are one with all God's creation, for in Spirit there is no apartness from the whole. In Spirit we are harmonized with all good, restored to the glory of which Jesus Christ prayed: "the glory which I had with thee before the world was."

• *In him we live, and move, and have our being.* —ACTS 17:28.

I PRAISE THEE AND THANK THEE, FATHER, FOR THE BLESSINGS NOW MANIFEST IN MY LIFE AND AFFAIRS.

HAVE YOU ever experienced the joy of declaring from the depth of your soul, "Father, I thank Thee," for some fulfilled desire or answer to prayer? If you have never experienced this great joy, start this day, this very moment, to praise God and give thanks for what you have and what you desire. If fear or doubt assail you, praise and give thanks the more.

If you desire better health or more life, praise and give thanks for your perfect life and health in God. Even though you do not at present see your perfect health in outer manifestation, nevertheless steadfastly praise God until you feel every cell and atom of your being vibrating with new life. If you desire a greater consciousness of God's abundance and joy, praise and give thanks that abundance and joy are now being manifested in your life and affairs. God's will for you is health, joy, and abundance of all good.

Praise ye Jehovah.
Oh give thanks unto Jehovah; for he is good.
—PSALMS 106:1.

I QUICKLY SURMOUNT ANY SEEMING ADVERSITY, BECAUSE I ABIDE IN THE CHRIST CONSCIOUSNESS OF POWER AND MASTERY.

LIFE DOES not need to be a struggle. Through Christ it is a joyous overcoming. We travel the hard road of experience only when we lose sight of an abiding, continuing sense of oneness with the Father. Jesus was equal to every demand that was made on Him because He realized His innate ability to meet every test. Instead of choosing a life of ease, to which His consciousness entitled Him, He was selfless enough to travel the path of constant overcoming. He never dodged trials; instead He sought to show us the way to conquer every possible adversity. He rejoiced in "works" that glorified God, and welcomed every opportunity to prove the nothingness of evil. He opened the way for triumphant living.

Life is no longer a struggle but a challenge! Life is a challenge to prove the power and love of God, to call forth our Christ power and mastery, to meet every test quickly and victoriously. Dauntlessly we live, for we are conquerors with Christ!

♣ My *power is made perfect.*—II COR. 12:9.

Class Thoughts

TO BE USED FROM

October 20 to November 19

These affirmations, known as the Unity class thoughts, are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with us not only at the hours specified but whenever you have opportunity.

At 11 a. m. use this thought for

ILLUMINATION ***. . . I am obedient to the voice of wisdom.***

At 12 noon use this thought for

PROSPERITY ***. . . I cast out every thought of lack and welcome every thought of plenty. As a man "thinketh within himself, so is he" prospered.***

At 9 p. m. use this thought for

HEALING ***. . . The mind of nature is receptive to the harmony of Spirit, and I am made whole in soul and body.***

The lessons on the following three pages are based upon these class thoughts.

I AM OBEDIENT TO THE VOICE OF WISDOM.

THERE IS within each one of us a voice of wisdom, an unmistakable prompting and inner urging; and if we listen we can always receive divine guidance. First though we must close our ears to outer sounds and other voices and make ourselves obedient to the will of God.

This is not difficult when we realize that God's will for us is good, greater good even than we can vision for ourselves. When we refuse to heed the voice of Spirit and try to enforce our personal will, we frequently run up against a blank wall and we feel we do not know which way to turn. Obedience to the promptings of Spirit however makes our way clear before us, and we are truly led in ways of pleasantness and paths of peace.

When problems arise it is wonderfully encouraging to know that we can turn within, listen to and obey the voice of wisdom, and always receive the guidance we need. Problems disappear magically when the light of Spirit shines before us and leads us in the way that we should go. Obedient to Spirit's voice, we are always led aright.

• *We must obey God rather than men.*—ACTS 5:29.

I CAST OUT EVERY THOUGHT OF LACK AND WELCOME EVERY THOUGHT OF PLENTY. AS A MAN "THINKETH WITHIN HIMSELF, SO IS HE" PROSPERED.

THINKING thoughts of lack and poverty is the swiftest, surest way of attracting these conditions into our life. None of us want lack to manifest itself in our affairs, so we must cast out every thought of limitation and fill our mind with thoughts of plenty.

As we think within ourselves, so are we prospered. Therefore we will take care to think richly, largely, generously. If you are conscious of lack in any phase of your life, change your thoughts concerning the condition. Dwell on the bounty of God and know that His will for you is an abundance of all good. In order to receive you have only to keep the channels of your consciousness open to the rich outpouring of His love; your mind free from thoughts of lack and filled with thoughts of prosperity. Cast out now any thought of insufficiency you may have, and receive the abundance of God.

♣ *This book of the law . . . thou shalt meditate thereon day and night . . . for then thou shalt make thy way prosperous.*—JOSH. 1:8.

THE MIND OF NATURE IS RECEPTIVE TO THE HARMONY OF SPIRIT, AND I AM MADE WHOLE IN SOUL AND BODY.

IN ALL the created forms of life, which we refer to as nature, there exists a divine intelligence, an indwelling mind that guides and governs growth and development and all activities. The body of man in its physical aspect is a part of nature; therefore the mind of nature operates in and functions through the natural body of man just as it does in all other forms of natural life.

Because the mind of nature is a part of Spirit, it is ever open and receptive to the life and harmony of Spirit. In animals and all the lower forms of life we find nature effecting cures, restoring to wholeness, mending, reproducing, sustaining its creations in life and wholeness. Only in man, because of the error beliefs that he has built into his consciousness and infused into nature, does the healing work of nature meet any obstacles. When man lets go of his error thoughts, the harmony of Spirit flows through every part of his being, and he is renewed in soul and body.

♠ *Ye may become partakers of the divine nature.*—II PETER 1:4.

I AM A RADIATING CENTER OF DIVINE LOVE.

LOVE IS the greatest harmonizing force in the world; so let us this day resolve to express more love and to be a perfect center for the radiation of divine love. Let us resolve to think only thoughts of love, to speak only words of love, and to be loving in all our actions.

Divine love is limitless, and the more we draw upon it the more room there is for a greater expression of God's love to all. As you sit for a few minutes in the silence, consciously feel His love filling your heart and your mind and every cell in your body. As you feel it welling up within you, you will want to let it overflow and to bless others. Thus there will be a never-ending stream of love flowing from you to all whom you contact.

As you radiate love so you draw the love of God to yourself. When you thus fulfill the law, countless blessings of peace, joy, substance, and all good will come to you. Today make of yourself a radiating center of divine love so that all your world may receive its benediction.

♣ *Now abideth faith, hope, love, these three: and the greatest of these is love.*—I COR. 13:13.

I AM UNFETTERED AND UNBOUND, TRIUMPHANT, GLORIOUS, SPLENDID!

THE LIGHT of Truth shining in our consciousness causes us to see ourselves as we exist in Truth, free and unbound. We find that we are not in bondage to beliefs of the past, beliefs in limitation, beliefs that would bind us to adverse conditions. The light of Truth illumines our consciousness and causes us to behold ourselves as we exist in Truth.

This lesson on illumination serves to release us from the many limited beliefs that would bind us to a limited life. How our souls cry out for release from limited beliefs if we have allowed ourselves to be bound by them! How our hearts rejoice when we learn Truth and are able to free ourselves from bondage to adverse thoughts!

Unfettered! Unbound! Triumphant! Glorious! Splendid! In Truth we are now illumined by the light of Spirit and are free in the freedom of the perfect life of Spirit.

♣ *Seeing it is God, that said, Light shall shine out of darkness, who shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ.*—II COR. 4:6.

THE SPIRIT OF GOD TODAY ESTABLISHES MY WORLD ANEW.

THE WORLD that the Lord God created in the beginning is the perfect spiritual world, lighted by His love and wisdom, and radiant with His holy presence. This ideal or perfect creation, the "kingdom of the heavens," is already complete. In Spirit God's perfect work is done.

The spiritual world is in continuous process of manifestation. Because I am a son of God I have power to control and direct this manifestation in my life. I am an agent of the Holy Spirit through whom the Creator causes His world to become manifest. To me is given the directive power, the power to decide in what guise my world is to appear. I can say, "Let it be filled with misery and lack," or I can say, "Let it be filled with a wealth of every good that is in the Father's store."

Today I exercise my power of choice in favor of the good. I declare, "Let good be established." All the forces of light respond to my word of command and at once set about bringing it into manifestation for me.

❖ *He hath . . . established it.*—PSALMS 24:2.

THE CHRIST SPIRIT WITHIN ME ENABLES ME TO EXPRESS PATIENCE AND SERENITY AT ALL TIMES.

WHEN YOU turn to the Christ within and view all things from the Christ standpoint, you will feel the patience and the serenity of the Christ filling your mind and your heart. Patience is far more than mere endurance. It is the poise and the calmness with which you can meet all obstacles and remain unruffled and undisturbed regardless of what the outcome may be.

Should circumstances in your life cause you to lose patience with another person, you need to turn within and make conscious recognition of the Christ spirit of patience. Instead of reprimanding another for a shortcoming or speaking harshly to him, you will find that you are filled with the desire to speak with kindness and to speak the word of faith and courage.

In the quietness of prayer all impatience will leave you and you will be so serene and composed that nothing can disturb you.

• *For ye have need of patience.*—HEB. 10:36.

KNOWING MY ONENESS WITH GOD, I ABIDE IN A STATE OF PRAYER.

REGARDLESS OF where you are or what your circumstances may be, you can abide in a state of prayer. No person, condition, or situation can keep you from turning in thought to God in prayer. You enter into a consciousness of prayer when you realize your oneness with God and with the blessings you seek.

Your prayer is answered when you get a clear realization that you are one with God and with whatever you desire to bring into manifestation. Your good becomes visible when you enter the stillness of your own soul knowing that you cannot be separated from God, the source of all that is, visible and invisible.

In the high consciousness of true prayer, no belief in separation can keep you from identifying yourself with God and His infinite goodness. Therefore you are in a constant state of prayer when you draw nearer and nearer to Him in the consciousness "I and the Father are one."

● *I will pray with the spirit, and I will pray with the understanding also.*—I COR. 14:15.

GOD IS IN ME, AND IN HIM I FIND THE PERFECT FULFILLMENT OF ALL MY NEEDS.

THROUGH PRAYER you can discover all the ideas that you need to make your life joyous and successful. If you open your heart and mind to God and make yourself receptive to His inspiration you will learn that all things are really yours in Spirit and that you can make them manifest.

God is within you and it is within you that your good lies. Within you is the power to achieve all that you have dreamed of. Let yourself become a channel through which your inner powers can work. Let old beliefs in limitation slip away. Then relaxed and receptive, pray, using some simple prayer like the one at the top of this page. Repeat it until you feel the meaning of the words permeating your consciousness, until you feel the Truth that they contain working through you.

The Christ power is yours. Have faith in it. Use it fearlessly. Mightily it goes forth to do its perfect work when you call upon it.

♣ *Pray unto me, and I will hearken unto you.*—JER. 29:12.

I OPEN MY EARS TO THE VOICE OF GOD, AND I HEAR CLEARLY AND DISTINCTLY.

CONSECRATE your ears to God today. Set aside a period for meditation and quiet. Close your ears to the din and confusion of outer noises and listen for the inner voice of God. As you do so you will become centered and poised in the peace of God, and you will be receptive and obedient to His guidance.

Keeping your inner ear attuned to the voice of Spirit will open your outer ear and you will hear clearly and distinctly. While your inner ear is listening and waiting for God to speak, your outer ear will be receptive to good reports. As you free your mind from tenseness and negation, you will hear new harmony in music, new beauty in laughter, new tenderness in the voices of your friends and dear ones. Discord and inharmony will disappear from your life, and your ears will truly become blessed channels of hearing, open always to hear that which you need and want to hear.

Incline thine ear unto wisdom,
And apply thy heart to understanding.
—PROV. 2:2.

THE PRESENCE OF GOD WITHIN ME FILLS ME WITH LIFE AND LIGHT, AND I AM RADIANT AND ALIVE.

NO ONE is morose or listless when he is conscious of the presence of God within him. This presence so completely fills him that there is no room for anything else. Where God is there is life and joy.

When you feel blue, change your thinking. Instead of concentrating upon the things that seem discouraging think of the radiance of your higher self. Think of God in the midst of you as the source of joy, life, light. Give your thought so completely to this contemplation that you actually feel the presence of God within you. The more you do this the more will His presence fill you.

Consciousness of God's presence within causes us to become aware of God's life and energy. We must consciously lay hold of this power and identify ourselves with it. We shine with the presence of the holy One when we identify ourselves with it. The light of the glorious One makes us spiritually illumined.

♠ *There is a God within us, and we glow when he stirs us.*—OVID.

TODAY IS MY OPPORTUNITY TO USE THE TRUTH THAT I KNOW.

WE CAN know Truth only to the degree that we use it and practice it in our daily living. No matter how limited you may feel your understanding is, you will be surprised to see how effective the results will be when you consciously try to meet every situation, every experience, from the standpoint of Truth.

Begin today, right now, seeing the good in everything, in all persons. Affirm that you are a child of God, that "all's right with the world," and that only good can come to you. Then you will be able to overlook petty annoyances; you will be patient and calm if things seem to go wrong; you will be cheerful and uncomplaining in the face of the duties and tasks that the day may present.

There has never been, will never be, a better time for you to use the Truth you know than right now. Make this the best day that you have ever experienced by thinking, speaking, acting in the consciousness that "now is the acceptable time" to claim the good that God has established for you.

• *Behold, now is the acceptable time.*—II COR. 6:2.

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by H. Emilie Cady

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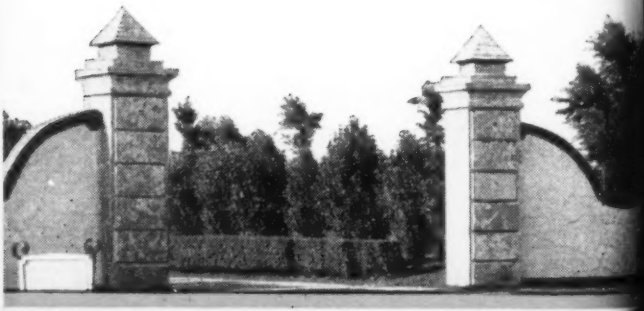

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